

## What's on the Menu?



## Rochester Community Schools Secondary: In Person Lunch Menu March 2021

A full student lunch includes a choice of entrée supplying protein and grain,1/2 cup fruit side, 1/2 cup of vegetable side, and 1% or skim white milk.

	Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4	5
All meals are FREE through the end of he school year due to USDA waiver from COVID.	Bosco Cheese Sticks w/ Pizza Dipping Sauce OR Deli Turkey and Cheese Sandwich	Beef Fiesta Flatbread OR Turkey Ham Sub Sandwich	Max Pizza Sticks OR Deli Turkey and Cheese Sandwich	Chicken Patty Sandwich OR Turkey Ham Sub Sandwich	French Bread Pizza OR Wowbutter and Jelly Sandwich
	8	9	10	11	12
All meals are served with 1/2 cup fruit and 1/2 cup vegetable and 8oz milk	Classic Cheese Pizza Slice OR Deli Turkey Ham and Cheese Sandwich	Turkey Nacho Fun Lunch <b>OR</b> Deli Combo Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce OR Deli Turkey Ham and Cheese Sub	Macaroni and Cheese w/ Garlic Breadstick <b>OR</b> Deli Combo Sandwich	Cheese Quesadilla w/Salsa <b>OR</b> Wowbutter and Jelly Sandwich
			17		
Our menu is currently to modified as we transition to full in person	Bosco Cheese Sticks w/ Pizza Dipping Sauce OR Deli Turkey and Cheese Sandwich	Beef Fiesta Flatbread <b>OR</b> Turkey Ham Sub Sandwich	Max Pizza Sticks OR Deli Turkey and Cheese Sandwich	Chicken Patty Sandwich <b>OR</b> Turkey Ham Sub Sandwich	1/2 Day of School
	22	23	24	25	26
Ve currently are not able to offer a la carte items and when we will again when we are able to do so safely.	Classic Cheese Pizza Slice OR Deli Turkey Ham and Cheese Sandwich	Turkey Nacho Fun Lunch <b>OR</b> Deli Combo Sandwich	Bosco Cheese Sticks w/ Pizza Dipping Sauce OR Deli Turkey Ham and Cheese Sub	Macaroni and Cheese w/ Garlic Breadstick <b>OR</b> Deli Combo Sandwich	Cheese Quesadilla w/Salsa <b>OR</b> Wowbutter and Jelly Sandwich
	29	30	31		
Menu subject to change due product availibility	NO SCHOOL	NO SCHOOL	NO SCHOOL		Be sure to wash your hands before you eat!



## Questions or comments?

Food Service Director Tracy Hizer 248-726-4650
Assistant Directors
Tamara Brazelton 248-726-4601 or Marci Flaherty 248-726-4603
Go to MyPlate.gov for online personal wellness resources for you and your family.

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